

Getting Here

Westbrook Hay is situated on the hills to the south of the Box Moor Trust Centre on London Road, Hemel Hempstead (A4251). Westbrook Hay can be reached from the A4251 (London Road), running between Hemel Hempstead and Berkhamsted. Close to the Box Moor Trust Centre on London Road, turn into Westbrook Hay drive (signposted for the Box Moor Trust Old Barn). Follow the drive all the way to the top of the hill, then take the first track on the left (just before Westbrook Hay School entrance). This will lead you into the car park next to the Old Barn Education Centre.

Car Parking

The car park by the Old Barn is usually open during daylight hours. An alternative car park can be found at the base of the hill, at the start of Westbrook Hay drive. Park here and walk up through the meadows to the Old Barn and the starting point for this trail.

Users of Wheelchairs, Pushchairs or Mobility Scooters

The boardwalk is the main section of this trail most suitable for wheelchair and pram users. However, in dry weather, many other areas and routes may be accessible. Please contact us for more advice on alternative routes. Benches are situated at several points around the route. A mobility scooter is available on loan from the Box Moor Trust Centre for use on the trail. Please ring in advance to arrange. Tel: 01442 253300.

Safety

When carrying out the activities suggested in this leaflet, please take great care. In particular, do not enter our pond dipping areas. The Box Moor Trust cannot accept responsibility for the children under your care.

Care of the Box Moor Trust Estate

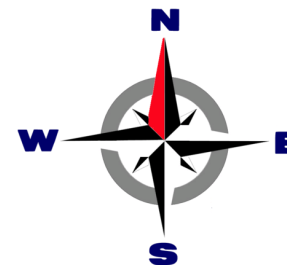
Where livestock are grazing, please keep dogs on a short lead or at heel. If your dog fouls, please bag and bin it or take it away with you. More information can be found in our leaflet 'Dogs and the Box Moor Trust'.

Please also:

- Close all gates.
- Do not leave litter or light fires.
- Do not pick plants, flowers or fungi.

For more information on orienteering, visit
www.britishorienteering.org.uk

Email: education@boxmoortrust.org.uk



Orienteering Trail

**British Orienteering celebrates
its Golden Jubilee in 2017!**

**Try out this exciting sport by
navigating around our simple
family orienteering course in the
woods and meadows of
Westbrook Hay.**

**To enjoy this activity to the full, you should bring a
pencil and a compass to help you find your way.**

**If you don't have a compass, download a compass app
for your mobile device.**

**(NB. If your phone case has a magnetic catch, don't fold this
underneath as it can affect the compass.)**

**If you have enjoyed this trail,
why not visit the 'Informal Learning' section
of our website for more ideas on how to explore
the Box Moor Trust land?**

**You can also find details of our programme of
family events for the 2017 summer holidays.
www.boxmoortrust.org.uk**



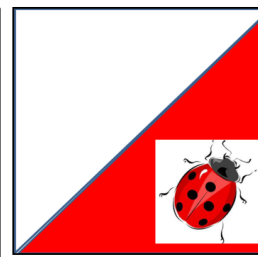
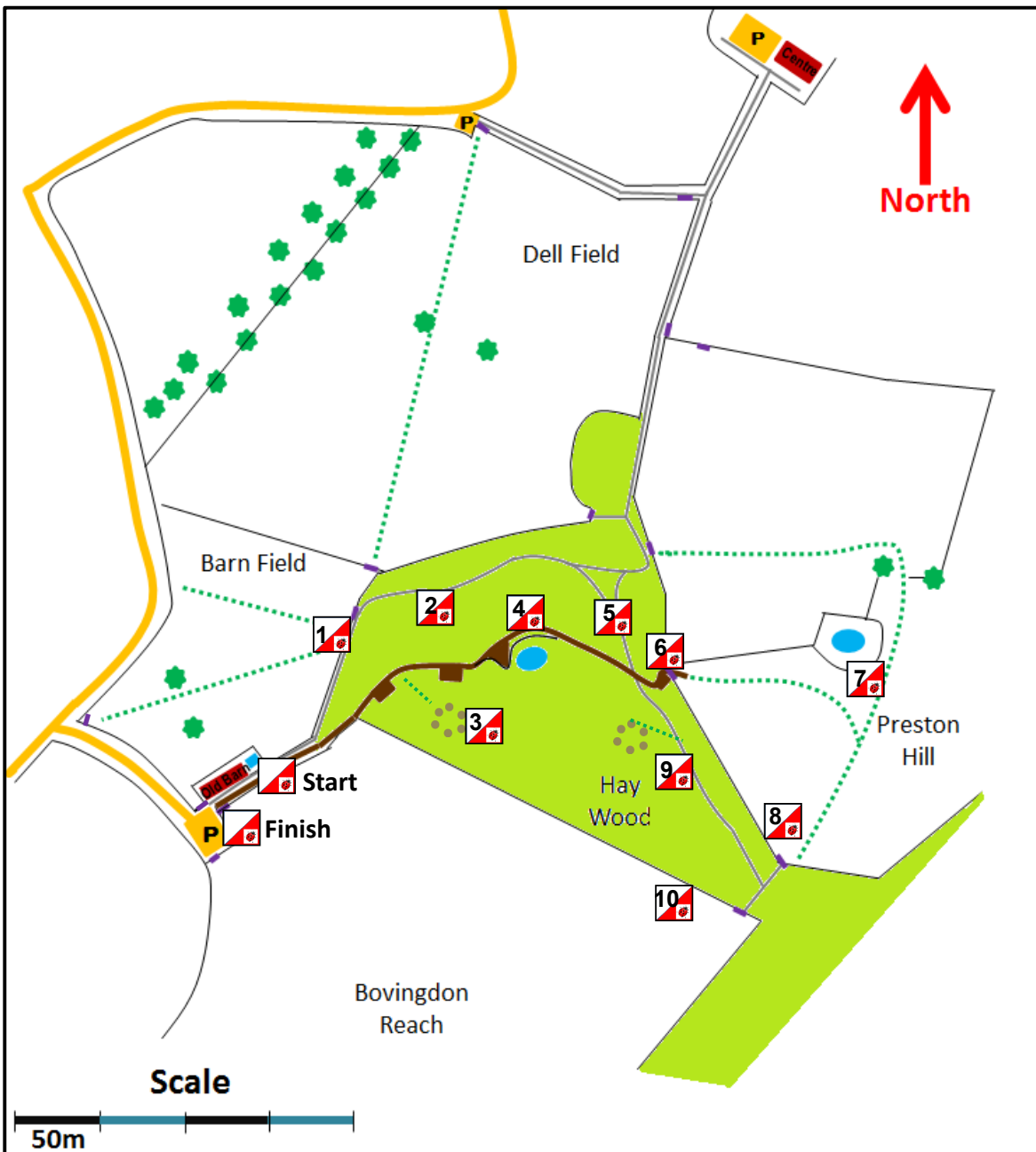
**The
Box Moor
Trust**

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HP1 2RE**

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01442 253300**

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**Registered
Charity
No. 206142**



Family Orienteering Course

The aim is to navigate between the ladybird orienteering markers located in Hay Wood, Preston Hill and Bovington Reach.

Begin at the 'start' marker situated on the boardwalk opposite the Old Barn .

End your route at the 'finish' marker on the metal gate opposite the Old Barn.

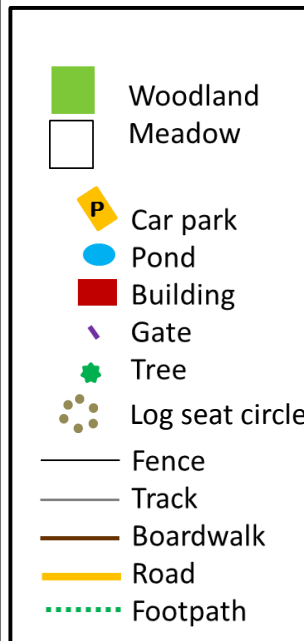
Plan your own route to visit the other 10 markers in any order you like.

Each marker has a letter. Write the letters in the spaces below and then rearrange them to make a secret word.

Tips for finding your way around....

- ♦ Make sure your map is the right way up before you start and at each new marker. Find North with your compass and then align this orienteering map alongside with its North arrow pointing the same way as North on your compass. Double-check your surroundings to make sure any landmarks are where you expect them to be.
- ♦ You can visit markers 1-10 in any order. They are easily accessible and visible so it is probably quickest to use existing tracks and paths. If you use a more direct route, please take care of both yourself and our wildlife.
- ♦ Use the map symbols and scale to help you find your way around.
- ♦ If you are unsure, just retrace your steps back to a place that you recognise.
- ♦ Please leave all the markers for other families to find.
- ♦ If any markers are missing, please let us know so we can replace them.

Look for the Ladybird Orienteering Markers



Write the letters from the markers in these boxes



Start	1	2	3	4	5	6	7	8	9	10	Finish
<p>What is the secret word?</p>											